

EAGLE TAEKWONDO SUMMER CAMP: Weekly Schedule JULY–AUGUST

*Due to COVID, we will be conducting our summer camps outdoors until Phase 3

***FIELD TRIPS:** Brickworks, Distillery, Sackville Playground, Corktown Common, Riverdale Farm, Humane Society

***SPECIAL GUESTS:** Magic Show, Cooking Class w/ chocolatier, Hands-on Exotics (mammals, reptiles, snake, birds), Pizza Class, Afro-Cuban Summer Drummer

Monday	Tuesday	Wednesday	Thursday	Friday
8:40 - 9:00 Drop Off	8:40 - 9:00 Drop Off	8:40 - 9:00 Drop Off	8:40 - 9:00 Drop Off	8:40 - 9:00 Drop Off
9:05 - 10:30 Arts & Craft	9:05 - 10:00 Recreational Activity	9:05 - 10:00 Recreational Activity	9:05 - 10:30 Arts & Craft/ Science Experiments	9:05 - 11:30 Outdoor Activities Bring Your Waterguns!
Snack Break	10:30 – 11:30 Picnic at the Park	10:30 – 11:30 Picnic at the Park	Snack Break	Snack Break
11:00 – 12:00 Activities (Indoor & Outdoor Games)	11:30 – 12:00 Outdoor Activities	11:30 – 12:00 Outdoor Activities	11:00 – 12:00 Activities (Indoor & Outdoor Games)	12:05 – 12:30 Lunch Time
12:05 – 12:30 Lunch Time	12:05 – 12:30 Lunch Time	12:05 – 12:30 Lunch Time	12:05 – 12:30 Lunch Time	12:30 - 3:30 Movie Time (Bring snacks, popcorn, drinks and pajamas!)
1:00 - 2:30 Games & Activities	1:00 - 2:30 Bring Your Waterguns!	1:00 - 3:30 Games & Activities	1:00 - 2:30 Games & Activities	Snack Break
3:00 – 3:30 One Step Technique	3:00 – 3:30 One Step Technique	3:00 – 3:30 Snack Time	3:00 – 3:30 One Step Technique	4:00 – 5:00 Tae Kwon Do (Olympic Class)
Snack Break	Snack Break	4:00 – 5:00 Tae Kwon Do (Nunchaku)	Snack Break	
4:00 – 5:00 Tae Kwon Do	4:00 – 5:00 Tae Kwon Do (Self-Defense)		4:00 – 5:00 Tae Kwon Do (Gymnastics)	

*PLEASE BRING YOUR OWN LUNCH, SNACKS, AND WATER BOTTLES

*Pack extra clothes, towels, and sunscreen

We will make sure to follow the Toronto Public Health guidelines